

CURRICULUM VITAE
Terrence Johnson, MA

PhD Research Associate
Interdisciplinary Health Sciences
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EDUCATION AND TRAINING

Education History

PhD., Interdisciplinary Health Sciences (In Progress), University of Texas at El Paso, El Paso, TX
Concentration: Health Behavior, Cultural & Community Health
Expected Completion: Spring 2028

M.A., Interdisciplinary Studies, University of Texas at El Paso, El Paso, TX, 2024

B.A., Communications, University of Texas at El Paso, El Paso, TX, 1998

RESEARCH INTERESTS

- Social and cultural determinants of health behavior across the life course
- Structured occupational environments and allostatic load
- Behavioral and psychosocial mediators of chronic disease risk
- Physical activity and nutrition in non-communicable disease prevention
- Community-based participatory research and intervention design

PROFESSIONAL EXPERIENCE / RESEARCH EXPERIENCE

PhD Research Associate, University of Texas at El Paso, El Paso, TX | 2025–Present

- Collaborating on community-based health promotion research
- Supporting Phase 1 and Phase 2 implementation of the *50K4Life* intervention study
- Conducting participant engagement, coaching, and qualitative data collection
- Collecting pre- and post-intervention biometric measures to assess physiological outcomes
- Managing research data using REDCap, including data entry and quality control

Founder & Principal Investigator (Community-Based Interventions)

Cultivate Lives (501(c)(3) Nonprofit Organization), El Paso, TX | 2020–Present

- Founded and lead a federally recognized nonprofit focused on community health interventions
- Designed and implemented programs integrating physical activity, nutrition, and behavior change
- Led participatory interventions across youth, adult, and older populations
- Applied culturally relevant strategies to address health disparities and promote long-term health outcomes

PUBLICATIONS AND PRESENTATIONS

Conference Presentations

Portillo, V., Johnson, T., Salinas, J., Dominguez De Quezada, C., Parra-Medina, D., Yin, Z. (2026). *Walk the walk: Lessons learned through implementation strategies related to engagement for the 50K4Life study.*

American Public Health Association Annual Meeting & Expo, San Antonio, TX.

Manuscripts in Preparation

Johnson, T. (In progress). *Structured occupational environments and allostatic load: A cross-sectional study of behavioral and psychosocial mediators.*

Johnson, T. (In progress). *Cultural customs and their impact on health and wellness across the life course.*

RESEARCH SUPPORT (IN DEVELOPMENT)

Johnson, T. (2026).

Context-Adaptive Intervention to Reduce Allostatic Load in Structured Occupational Environments.

Planned submission: NIH F31 Predoctoral Fellowship

TEACHING ACTIVITY

Instructor, Osher Lifelong Learning Institute (OLLI)

University of Texas at El Paso, El Paso, TX | 2026

- Designed and delivered university-affiliated health and wellness lectures for adult learners
- Courses include: *Living Well, Chemical-Free; Reimagining Health for Today's World; Fresh Take: Modern Recipe Transformation*
- Developed curriculum integrating nutrition, behavior change, and applied health strategies

RESEARCH / SCHOLARLY ACTIVITY

- Community-based intervention development through Cultivate Lives
- Application of participatory research methods in health behavior programming
- Integration of behavioral, physiological, and environmental frameworks in health research

CLINICAL & INTERVENTION TRAINING

- Motivational Interviewing (MI) Trained Interventionist

PROFESSIONAL SKILLS

- SPSS (data analysis, hypothesis testing, statistical interpretation)
- REDCap (data management and database systems)
- Survey design and instrument development
- Qualitative data collection and thematic analysis